

Moving and Handling of Individuals

At the end of this training you should be able to:

- Define term of Moving & Handling
 - Describe different ways of moving and handling
 - Understand way of communication while positioning or moving individual
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What is moving and handling?

- ❑ This refers to techniques which enable the worker to assist individuals to move from one position to another.
 - ❑ Moving and handling must be consistent with current legislation (please check the following link: <http://www.hse.gov.uk/contact/faqs/manualhandling.htm>)
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CONTRIBUTE TO MOVING AND HANDLING INDIVIDUALS

- Prepare individuals, environments and equipment for moving and handling
 - Enable individuals to move from one position to another
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- As an assistant in health & social care you have responsibility of moving and handling individuals. You must do so safely and correctly to ensure safety of your own as well as safety of others.
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How to communicate?

- using the individual's preferred spoken language:
 - use of signs or symbols
 - Pictures or writing
 - objects of reference
 - other non verbal forms of communication
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Moving and handling equipment

□ Can include:

- hoists
 - slides
 - slide sheets
 - slings
 - pillows
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Hoists



<http://www.gravelles.co.uk/images/omnilift170e%20c.jpg>



[http://www.aroundtheclocktrainingsolutions.co.uk/Hoist%](http://www.aroundtheclocktrainingsolutions.co.uk/Hoist%20Training%20Equipment%20170e%20c.jpg)

Patslides



http://www.salveosafety.co.uk/images/products/684/transfer_slide%5B1%5D.jpg

Slings



<http://www.healthandcare.co.uk/moving-handling/handling-sling.html>

<http://www.clearwellmobility.co.uk/>

Pillows



<http://www.mobilitystore.co.uk/shop/gbu0-prodshow/mangar-handy-pillowlift.html>

Active support

- ❑ Support that encourages individuals to do as much for themselves
 - ❑ As much as possible maintain their independence and physical ability
 - ❑ Encourages people with disabilities to maximise their own potential and independence
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The rights that individuals have:

- be respected
 - be treated equally and not be discriminated
 - be treated as an individual
 - be treated in a dignified way
 - be protected from danger and harm
 - be cared for in a way that meets their needs, takes account of their choices and also protects them
 - access information about themselves
 - communicate using their preferred methods of communication and language
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Risk

It can be to individuals in the form of:

- infection
- danger
- harm and abuse

and/or to the environment in the form of danger of damage and destruction.

Prepare individuals,
environments and equipment for
moving
and handling

Performance criteria

1. You wash your hands and ensure you are wearing clothing and footwear that is safe for the **moving and handling** of **individuals**
 2. Prior to moving and handling individuals you check the care plan and the moving and handling **risk** assessments
 3. You assess any immediate risks to individuals
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4. Where you think there is a risk that you cannot deal with, you seek advice from the appropriate people before moving or handling individuals
 5. You support individuals to communicate the level of support they require
 6. Where the individual's preferences conflict with safe practice, you access support from the appropriate people
 7. Before you move and handle individuals, you ensure that they understand why they are being moved and handled in particular ways and how they can usefully co-operate in the procedure
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8. You remove potential **hazards** and prepare the immediate environment for the proposed move in agreement with all concerned
 9. You select agreed moving and handling equipment, and before use you ensure it is safe and clean
 10. You seek appropriate assistance to enable you to move and handle the individual safely
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Enable individuals to move from one position to another

1. You provide **active support** and encouragement for individuals to contribute to the moving process
 2. You carry out moves and changes of position taking account of the individual's needs, preferences and their advice on the most appropriate methods and equipment
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3. You use moving and handling methods appropriate to the individual's condition, your personal handling limits and the equipment available
 4. You move and change individuals' positions in ways which minimise pain, discomfort and friction and maximise the individual's independence, self respect and dignity
 5. Where you are moving and changing the individuals' positions with someone else's help, you co-ordinate your own actions with theirs
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6. Following changes of position, you return furniture and fittings to their correct location
 7. You return moving and handling equipment to its designated location ensuring it is clean, safe and ready for future use
 8. You wash your hands and ensure your own cleanliness and hygiene after moving and positioning individuals
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9. You observe, record and immediately report any significant changes in the individual's condition when you are moving them

10. You record details of methods of moving and handling which the individual finds acceptable according to legal and organisational requirements

MOVE AND POSITION INDIVIDUALS

Move individuals from one place to another and re-position individuals within their immediate environment, as part of their care plan and according to their specific needs and condition

Performance criteria

1. You apply **standard precautions** for infection control and all other relevant **health and safety measures** when preparing to move and handle the **individual**
 2. You check the individual's care plan and the moving and handling **risk** assessment prior to commencing any moving and handling
 3. You assess any immediate risks to **individuals** and where you think there is a risk that you cannot deal with and seek advice from the appropriate people before moving or handling individuals
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4. You inform the individual what you are about to do and support them to **communicate** the level of support they require
 5. You obtain the individual's consent and ensure they understand why they are being moved and handled in particular ways and how they can usefully co-operate in the procedure
 6. You remove potential **hazards** and prepare the immediate environment, ensuring adequate space for the move to take place, in agreement with all concerned
 7. You seek appropriate assistance to enable you to move and handle the individual safely
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In Summary

- ❑ Moving and Handling is technique to move or change position of individual
 - ❑ Be safe!
 - ❑ Always contribute with individual
 - ❑ Communicate in appropriate way and manner
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References

- ❑ NursingTimes.net, 2010. [online] Available at: <<http://www.nursingtimes.net/1973993.article>> [Accessed 24th November 2010].
 - ❑ OCR Recognise Achievement, 2010. *CONTRIBUTE TO MOVING AND HANDLING INDIVIDUALS*. [online] Available at: <http://www.ocr.org.uk/download/units/ocr_14027_unit_nvq_223.pdf> [Accessed 24th November 2010]
 - ❑ OCR Recognise Achievement, 2010. *MOVE AND POSITION INDIVIDUALS*. [online] Available at: <http://www.ocr.org.uk/download/units/ocr_13881_unit_nvq_360.pdf> [Accessed 24th November 2010]
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